

Testing Tips

Below is a list of things to help ensure testing success on any exam.

1. Make sure your child gets good rest on the night's before the test.
2. Provide a healthy breakfast with protein the mornings of the tests.
3. Pack a healthy snack such as a banana, popcorn, peanuts, pretzels, etc. Please do not send anything with syrup or sugar in it.
4. Send your child off to school with encouraging words of praise and support such as "You'll do great." "Believe in yourself." "I love you."
5. Make sure your son/daughter has everything they need when they come to school on testing days.
6. Arrive at school on time.
7. Talk with your child about test taking tips such as taking deep breaths during testing, reading all the directions, checking his/her work, and making sure all questions have been answered before handing in anything.
8. Do not schedule any dental or medical appointments, trips, or early pickups for testing days.